

KITTEL ARTS COLLEGE, DHARWAD.



Department of Physical Education

2021-22

Vision of the Department

Making students Physically Fit, Mentally Sound and Emotionally Balance. Physical education is a field in College that helps prepares students to maintain physical fitness and a healthy lifestyle.

A CODE OF BEHAVIOUR IN SPORT Kittel Arts College believes that all students should participate in a wide range of competitive sports. Each student should participate in the programme as fully as possible and uphold the Sportsman spirit.

The following is a set of guidelines to Physical Director and faculties to enable them to get the maximum benefit from sport and to encourage good sportsmanship.

Each student should give a reasonable time each week to training in order to maintain a balance with time allocated to study, co-curricular activities, and social activities.

All the courtesies should be observed: teams must be punctual;

Play may be hard and vigorous in body contact sports but never deliberately foul or unfair. A player using deliberate violence should be removed by the Physical Director before it becomes necessary for the umpire to take action.

Behavior on and off the field must be modest and restrained.

Bad language is not to be tolerated (a player offending in this way should be removed by Physical Director or umpire).

Good play should be recognized, whether by an opponent or a member of one's own College.

The umpire's decisions must be accepted without negative response by players.

Unfair tactics must never be used. This includes the use of provocative comments of a personal nature.

“Annual Sports Meet” –All the students must take part with sport dress.

Selection of sports team on the basis of Proficiency and Fitness.

Karnatak University Blues

Kumari. Sahana Nagalapur has represented Karnatak University in South Zone Inter University Tournament in Ball Badminton (W) Organized by SRM Institute of Science and Technology, Kattankulathur Chennai for the Year 2021-22

Cycling for Fitness

Department of Physical Education organized Cycling for Fitness Program which was arranged near Daddi Kamalapur Dharwad On 02-07-2022. Students Participated and covered 20 km Up and down Cycling and Participated in recreational games.



A Special Lecture on Physical Fitness

On 12-03-2015 Department of Physical and Education and Sports organized A Special Lecture on Physical Fitness on 08-02-2022. Shri. G. D Shindhe Retd. Sports Officer was resource person and delivered lecture on Physical Fitness. Students Participated actively.



International Yoga Day

Department of Physical and Education and Sports organized International Yoga Day on 21-06-2022 at Tagore Memorial Hall Dharwad. Students Participated actively.



Certificate Course on Yoga

IQAC, Department of Physical Education, NCC and NSS Jointly organised Certificate course on Yoga. Shri. Manjunath Jadar was the resource person for the opening programme.



Recreational Activities At Picnic



Detail of Orientation / Refresher / Research Methodology / Training Program / Summer and winter School / Workshops / QIP / FIP / FDP etc Course attended: (Attach Certificates)) Organized by Human Resource Development Center . UGC academic Staff College / any other Institution for the **academic year 2021-22**

Sl N o	Name of the Course	Place	Duration		No of Days	Name of the Institution
			From	To		
01	National Webinar	Jharkhan	14-06-2021		01	Pragyan International University
02	National Level Yoga Program	Bengaluru	17-06-2021	21-06-2021	05	Sindhi PU College in Association with FIT India
03	National Level Webinar	Shiggaon, Haveri.	23-06-2021		01	Shri. Rmbhapuri Jagadguru Veeragangadhar College, Shiggaon
04	National Level Webinar	Dharwad	21-06-2021	27-06-2021	07	Karnatak University Dharwad
05	National Level Webinar	Dharwad	29-06-2021		01	Govt. First Grade College, Alnavar and Kittel Arts College, Dharwad.
06	Workshop	Dharwad	22-07-2022		01	Karnataka Arts Dharwad.
07	Workshop	Vijayapura	23-10-2022		01	BLDEA's A S Patil College of Commerce, Vijayapura

Detail of other Duties successfully completed

Sl N o	Other work	Place	Duration		No of Days	Name of the Institution
			From	To		
01	Appointed as Selection Committee Member for KUD Men and Women Basketball Team	Dharwad	06-12-2021	08-12-2021	01	Karnatak University Dharwad
02	Resource person for Special Lecture	Dharwad	28-12-2021		01	Anjuman Arts, Science and commerce College Dharwad
03	Coach cum Manger for All India Inter University Competition 2021-22	Mohali.	02-03-2022	13-03-2022	12	Chandigarh Univesity Mohali.
04	Technical Official	Dharwad	20-07-2022		01	Hurakali Ajja Law College, Dharwad
05	Deputy Chief Superintendent (External)	Hubli	18-07-2022	26-07-2022	09	Shri.SAI B. Ed College, Hubli