

KITTEL ARTS COLLEGE, DHARWAD.

Department of Physical Education

Annual Reports 2018-19

Sports Society conducted number of sports activities during the year 2018-2019. List of the activities are furnished below

1. International Yoga Day

Department of Physical Education along with 3/24 NCC unit organised International Yoga Day on 21st June 2018, more than 150 students from our college were took part in the programme at Karnatak College Dharwad and special lecture was given on that day regarding History benefits of yoga. After special lecture asanas like suriyanamaskar, salabasana, dhanurasana, halasanna were practiced.



2. Our College Volleyball, Athletics and Kabaddi Teams Participation in Karnatak University Tournaments

Volleyball

Our College Volleyball Team practiced and Participated in Karnatak University First Zone Volleyball Tournament for the year 2018-19

Our College Athletic Team practiced and Participated in Karnatak University Inter-collegiate Athletic meet for the year 2018-19 at Karwar.



Our College Women Kabaddi Team practiced and Participated in Karnatak University Signal Zone Volleyball Tournament for the year 2018-19 on 10th and 11th September 2018 at



3. Karnatak University Inter-Collegiate First Zone Volleyball Tournament for the 2018-19.

Department of physical education and sports of our college organised Karnatak University Inter-Collegiate First Zone Volleyball Tournament for men on 23rd and 24th January 2018.



Karnatak University inter-collegiate Inter- Zonal Volleyball Tournament for Men for the year 2018-19.

Department of physical education and sports of our college organised Karnatak University inter-collegiate Inter-Zonal Volleyball Tournament for Men on 25th January 2018.



4. Annual Sports Meet 2018-2019

Annual Sports meet was conducted on 16th March 2019 at R N Shetty District Stadium Dharwad. Dr.Rekha M Jogul In-charge Principal of our college inaugurated the Sports meet. All the faculties and Students were present in this occasion.

