

# KITTEL ARTS COLLEGE, DHARWAD.

## *Department of Physical Education*

Annual Reports 2017-18

**Sports Society conducted number of sports activities during the year 2017-2018. List of the activities are furnished below**

### **1. International Yoga Day**

Department of Physical Education along with 3/24 NCC unit organised International Yoga Day on 21<sup>st</sup> June 2017, more than 250 students were took part in the programme and special lecture was given on that day regarding History benefits of yoga. After special lecture asanas like suriyanamaskar, salabasana, dhanurasana, halasanna were practiced.



### **2. Health Awareness and Health Check up**

A Special Health Awareness and Health Checkup Programme were conducted in Room No 4. Dr Umesh Hallikeri Doctor, Dharwad Diagnosed the Students health and gave suitable Suggestions and Treatment. All the Students of our college are benefitted by the programme



### **3. Volleyball and Cricket Matches**

Department of physical education and sports of our college organised Inter-class Volleyball matches on 24-08-2017. From each semester two teams participated and second semester students won the match and sixth semester students got runner up. On 8<sup>th</sup> February to 12<sup>th</sup> February 2018 inter-class cricket matches were conducted and winner team played match with staff team.



#### **4. Felicitation to Sports Achievers**

On 9th September 2017 felicitation programme was organised from department of physical education and sports the volleyball players who

played International match at Bhutan as youth day celebration and won gold medal and students who participated National level were felicitated.

1. Mr. Ganesh Rathods of B. A. I Sem Represented India in under 19 years Volleyball Match with Bhutan in Indo Bhutan Students Games and won Gold Medal

2. Mr. Kumar Chavan of B. A. I Sem Represented India in under 19 years Volleyball Match with Bhutan in Indo Bhutan Students Games and won Gold Medal



## 5. W festiva

Department of physical education and sports organised walk for good health programme and Kite Festival on 27-01-2018 at Someshwara Lake site and more students covered 6 to 8 Kilometres Hiking in the

volley place of someshwara lake site and after that students enjoyed in kite festival



## **6. Karnatak University Single Zone Taekwondo Tournament and Blue Selection**

Department of physical education and sports of our college organised Karnatak University Single Zone Taekwondo Tournament for men and women and Blue selection on 11<sup>th</sup> 12<sup>th</sup> September 2017.



## **7. Karnatak University First Zone Table Tennis Tournament.**

Department of physical education and sports of our college organised Karnatak University First Zone Table Tennis Tournament for men and women on 18<sup>th</sup> 19<sup>th</sup> January 2018.



## **8. National Sports Day Celebration.**

Department of physical education and sports of our college organised National Sports Day on 29<sup>th</sup> September 2017. Chief Guest of the Shri. S. S. Sinde (Rtd Sports Officer) explanted about Major Dhyan Chand's achievements. The National Sports Day in India is celebrated on 29 August each year. This day marks the birthday of Dhyan Chand, the hockey player who won gold medals in Olympics for India in the years 1928, 1934 and 1936. He scored over 400 goals in his career, from 1926 to 1948. Major Dhyan Chand Award, the highest award for lifetime achievement in sports and games in India, and the National Sport Day celebrations on his birthday.



## 9. Annual Sports Meet 2017-2018

Annual Sports meet was conducted on 20th January 2018 at R N Shetty District Stadium Dharwad. Dr. H. B. Neelgund In-charge Principal of our college inaugurated the Sports meet. All the faculties and Students were present in this occasion.

